

PERINATAL DEPRESSION & CHILD DEVELOPMENT

POST-TRAINING MENTORING GUIDE

WOREDA _____ HF _____

DATE: _____ MENTORING VISIT N 1 / 2 / 3

MENTORS: _____

STEPS: 1) OBSERVE AND RECORD PERFORMANCE; WORK WITH PROVIDER TO IMPROVE PRACTICES. 2) MOVE TO THE NEXT SECTOR & REPEAT. 3) CONDUCT A FACILITY MEETING TO REVIEW PERFORMANCE AND PLAN FOR IMPROVEMENT.

N	ANTENATAL CARE PROVIDER NAME:	0 (NO)	(0.5) PARTIAL	1 (YES)	N/A
1	Provider observes and asks required questions to assess for depression				
2	Prover demonstrates good interpersonal skills with the woman				
3	Provider correctly records depression screening results in the ANC register				
4	Provider correctly decides if counselling and referral are needed				
5	Provider effectively counsels on depression, if needed				
6	Provider makes a referral to GP/PHO/Psychiatric nurse, if needed				
7	Provider explains to caregiver/s on how child develops in utero				
8	Provider encourages caregivers to talk to the baby in utero				
9	Provider uses ECD visual job aid adequately during counselling				
N	MATERNITY WARD PROVIDER NAME:	0 (NO)	(0.5) PARTIAL	1 (YES)	N/A
10	Provider evaluates posture and basic reflexes of the NB				
11	Provider helps mother notice and respond to baby's signals				
12	Provider is a role model for child-friendly interaction				
13	Provider explains importance of responsive care and play to the mother				
14	Provider uses visual job aids adequately				
N	POSTNATAL CARE PROVIDER NAME:	0 (NO)	(0.5) PARTIAL	1 (YES)	N/A
15	Provider observes and asks required questions to assess for depression				
16	Prover demonstrates good interpersonal skills with the woman				

17	Provider correctly records depression screening results in the ANC register				
18	Provider correctly decides if counselling and referral are needed				
19	Provider effectively counsels on depression, if needed				
20	Provider makes a referral to GP/PHO/Psychiatric nurse, if needed				
21	Provider evaluates posture and basic reflexes of the NB				
22	Provider helps mother notice and respond to baby's signals				
23	Provider is a role model for child-friendly interaction				
24	Provider explains importance of responsive care and play to the mother				
25	Provider uses visual job aids adequately				
N	GROWTH MONITORING / EPI PROVIDER NAME:	0 (NO)	(0.5) PARTIAL	1 (YES)	N/A
26	Provider checks risk factors for child development				
27	Provider monitors developmental milestones correctly				
28	Provider registers developmental monitoring results correctly				
29	Provider takes correct action based on monitoring results				
30	Provider helps caregiver notice and respond to child's signals				
31	Provider is a role model for child-friendly interaction				
32	Provider explains importance of play and encourages play in daily routines				
33	Provider uses visual job aids adequately				
N	SICK CHILD /UNDER 5 CLINIC PROVIDER NAME:	0 (NO)	(0.5) PARTIAL	1 (YES)	N/A
34	Provider checks risk factors for child development				
35	Provider monitors developmental milestones correctly				
36	Provider registers developmental monitoring results correctly				
37	Provider takes correct action based on monitoring results				
38	Provider helps caregiver notice and respond to child's signals				
39	Provider is a role model for child-friendly interaction				
40	Provider explains importance of play and encourages play in daily routines				
41	Provider uses visual job aids adequately				
N	WAITING ROOM PLAYBOX PROVIDER NAME:	0 (NO)	(0.5) PARTIAL	1 (YES)	N/A
42	There is adequately equipped and attractive playbox available to children				
43	Playbox sessions happen regularly (daily, 3 times a week etc.)				
44	Provider explains importance of play and responsive care				
45	Provider explains and enforces rules of playbox session				

46	Provider helps caregivers to start playing with their children				
47	Provider identifies and engages at least one model caregiver				
48	Provider identifies and counsels at least 2 caregivers				
49	Provider registers playbox session				
50	Provider does playbox inventory and disinfects the toys				
N	PEDIATRIC WARD PROVIDER NAME:	0 (NO)	(0.5) PARTIAL	1 (YES)	N/A
51	There is adequately equipped playbox, available to children at any time				
52	Play activities are a part of daily routine at pediatric ward, even for bedridden children				
53	Provider explains importance of play and encourages play in daily routines				
54	Provider helps caregivers to start playing with their children				
55	Provider identifies and engages at least one model caregiver				
56	Provider makes sure to counsel individually every caregiver				
57	Provider registers playbox session				
58	Provider does playbox inventory and disinfects the toys				
TOTAL POSSIBLE SCORE (SUBTRACT N/As): _____ TOTAL SCORE: _____ % ACHIEVED: _____					
EXPLAIN ANY N/As MARKED ON THE FORM:					
INVITE THE PROVIDERS FROM ALL THE RELEVANT TOUCHPOINTS, AS WELL AS HF DIRECTOR, FOR A MEETING:					
STRONG POINTS OBSERVED DURING MENTORING (Providers share first, mentor shares second):					
RECOMMENDATIONS FOR IMPROVEMENT (Providers share first, mentor shares second):					