

PLAYBOX SESSION IN WAITING ROOM & PEDIATRIC WARD

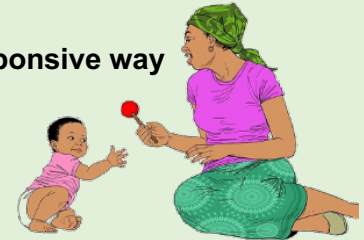
STEP 1: OPEN THE PLAYBOX AND DISPLAY SOME TOYS & THE POSTERS

STEP 2: GREET THE CAREGIVERS AND EXPLAIN THE PLAYBOX RULES:

- 1) Children can use these toys **while waiting** for the consultation (or recovering in the pediatric ward).
- 2) Caregivers should **wash their own and their children's hands** before playing with the toys.
- 3) Children should **return the toys to the box** before entering the consultation room/leaving pediatric ward.

STEP 3: BRIEFLY TALK ABOUT THE IMPORTANCE OF PLAY (5-10 min)

- 1) **Ask** why playing is important. Explain **how playing and talking in a responsive way helps children** develop and learn, including during illness.
- 2) **Ask** what are **good moments for playing and talking with children**. Explain how to play during daily routines.



STEP 4: HELP CAREGIVERS WASH THEIR OWN AND CHILDREN'S HANDS

HELP CAREGIVERS SELECT THE TOYS & START PLAYING

STEP 5: FIND AND ENGAGE MODEL MOTHERS OR FATHERS

- 1) Identify 1 or 2 caregivers who **respond and play well with their children**.
- 2) Praise them. Invite them to **demonstrate** how they play with their child, to others.
- 3) Ask them to **share** what the benefits of play are for their child, in their opinion.



STEP 6: SELECT AND COUNSEL INDIVIDUALLY 2-3 CAREGIVERS

In the pediatric ward, each caregiver should be counselled.

STEP 7: ORGANIZE THE BOX (CHECK THE INVENTORY). REGISTER PLAYBOX SESSION.



RECOMMENDED PLAYBOX KIT

FROM 3 MONTHS	FROM 9 MONTHS
<p>RATTLES/ SHAKERS (5-6)</p>  	<p>HOMEMADE BALLS, ROLLING BOTTLES (3-5)</p>  
<p>TOYS ON STRINGS (5-6)</p>   	<p>HOMEMADE "DRUMS" (2)</p>  
FROM 1 YEAR	FROM 1.5 YEARS
<p>CARS, PLANES (5-6)</p>  	<p>HOMEMADE CHILDREN'S BOOKS (5-6)</p>  
<p>DOLLS & SCARVES (5-6)</p>   	<p>STACKING CUPS, TINS, DISCS (2-3 SETS)</p>   
FROM 3 YEARS ONWARDS	
<p>CONTAINER WITH THINGS TO COUNT, GROUP, & MAKE PATTERNS (2 SETS)</p> 	<p>DRAWING, BRAIDING, WEAVING (1-2 EACH)</p>   
<p>DO NOT GIVE SMALL OBJECTS TO CHILDREN UNDER 3. MAKE SURE THAT PLAYTHINGS DO NOT HAVE SHARP PARTS THAT CAN HURT THE CHILD. DISINFECT AND CLEAN THE TOYS AFTER EACH PLAYBOX SESSION.</p>	